

# NBHA NEWS

Volume 8, Issue 1

For Residents, Employees & Retirees

January, 2007

## TWO HORSES

*A Story of Friendship Written by a Friend*

Just up the road from my home is a field with two horses in it. From a distance, each looks like every other horse. But if you stop your car, or are walking by, you will notice something quite amazing.

Looking into the eyes of one horse, you will realize that he is blind. His owner has chosen not to have him put down but has made a good home for him. This alone is amazing.

However, if you're nearby and listening, you will hear the sound of a bell. Looking around for the source of the sound, you will see that it comes from the smaller horse in the field. Attached to her halter is a small bell. It lets her blind friend know where she is, so he can follow her.

As you stand and watch these two friends, you'll see how she is always checking on him, and that he will listen for her bell and then slowly walk to where she is, trusting that she will not lead him astray. When she returns to the shelter of the barn each evening, she stops occasionally and looks back, making sure her friend isn't too far behind to hear the bell.

Like the owners of these two horses, God does not throw us away just because we are not perfect or because we have problems or challenges. He watches over us and even brings others into our lives to help us when we are in need. Sometimes we are the blind horse being guided by the little ringing bell of those whom God places in our lives. Other times we are the guide horse helping others see.

Good friends are like this. You don't always see them, but you know they are always there. Please listen for my bell, and I'll listen for yours.

"Be kinder than necessary, for everyone you meet is fighting some kind of battle." ■

## REMINDER: HUD STILL NEEDS TO HEAR FROM YOU!

The Department of Housing and Urban Development is finishing its survey to measure your satisfaction and experience with your living conditions.

If you have already received and completed the survey, **THANK YOU!** If you receive the survey in the next few days, please take the time to complete it. Do NOT write your name on it. The survey is administered by an independent contractor, and your identity will remain confidential. Only the aggregate results of the survey will be shared. Your opinion is very important to HUD.

If you have questions about the survey, please call **Walter S. Jones, Jr., 508-997-4832**, or HUD's PIH-REAC Customer Service Center at 1-888-245-4860.

## NOTICE TO RESIDENTS OF PRESIDENTIAL HEIGHTS

Your **NEW** garbage pickup day is **TUESDAY**. However, please read the notice below. During the holiday weeks of January 1 and January 15, the pickup day for Presidential Heights will be the following day, or **WEDNESDAY**.

## GARBAGE PICKUP SCHEDULE FOR NEW YEAR'S DAY and FOR MARTIN LUTER KING, JR., DAY

New Year's Day is on Monday, January 1, 2007, AND Martin Luther King, Jr., Day is Monday, January 15, 2007. If your garbage pickup day falls *on or after* these holidays, your pickup day for these two holiday weeks will be the *day after* your normal pickup day.

Please place your tightly sealed garbage barrels on the curbside by 6 a.m. of your pickup day or the night before.

## ALLAN R. ANDREWS SCHOLARSHIP

<http://www.nercnaohro.org/scholarship%20application.pdf>

The New England Regional Council of NAHRO is offering the *Allan R. Andrews Scholarship* (\$1,250 per year for up to 4 consecutive years) to **public housing residents and leased housing residents.**

Applicants must be graduating high school seniors, possess a high school diploma or G.E.D, and have a minimum of a B average.

**Applications** with instructions can be obtained at any **Property Office** or from the **website** listed above.

Applications **MUST BE POSTMARKED** no later than **APRIL 30, 2007.**

### JANUARY RESIDENT RENT REVIEW SCHEDULE

Residents in the following developments will receive a letter regarding their **January** review:

Date	Development	Time	Location
8	Townsend Street	9 - 12	Brickenwood
9	South First Street	9 - 4	Bay Village
9	Plainville/Sylvia	9 - 4	Dottin Place
9	North/Cottage/Smith	9 - 4	Westlawn
8 - 11	Brickenwood	9 - 4	Brickenwood
8 - 11	Shawmut/Topham Coggeshall	9 - 4	Brickenwood

The resulting rent changes will be effective in April.

## YOU ARE MUCH APPRECIATED!

The New Bedford Housing Authority sends a big **THANK YOU** to Resident Volunteers Steve Gomes, Irene Medeiros, Ana Pax, and Ron Tracey who help in the Boa Vista Bistro located at 134 South Second Street and to Theresa Fortin and Alice Howard who assist in the Caroline Café located at 26 Caroline Street.

Your help is valued and greatly appreciated. The meal programs have been running smoothly because of the great job you are doing.

**THANK YOU!**

## CITY OF NEW BEDFORD JOB OPPORTUNITIES

**Boards/Commissions** The Mayor is accepting applications for Boards and Commissions. Please print the application from the city's website or call the number below.

**Building Inspector** Performs a variety of routine and complex technical work in building inspection work plan review and zoning enforcement to insure that the MA Building Code and other related codes and standards are met.

**Chief Financial Officer** Responsible for the overall budgetary and financial administration of the City of New Bedford.

**Commissioner of Buildings and Inspectional Services** Performs a variety of routine and complex administrative, supervisory and technical work in administering and enforcing building and related codes. The Commissioner will supervise all aspects of the Department of Inspectional Services.

**Cultural Affairs Coordinator** Performs routine and complex administrative work in planning, organizing, coordinating, and administering a variety of special community, cultural, or other special events programs relating to multi-cultural affairs.

**Diesel Engine Repairman** Performs skilled repair of diesel equipment.

**Director Council on Aging** Supervises the planning, organizing, and coordinating of community programs for elders, including cultural arts, physical activities, and special interest classes and programs.

**Grant Accountant / Auditor** Performs a variety of complex technical accounting and auditing functions in accordance with Federal and Massachusetts general laws, the standards and regulations of the governmental accounting standards board (GASB), GAAP for governments, and the Massachusetts Department of Revenue (DOR). Work involves the application of accounting knowledge and the ability to resolve financial, operational, and procedural problems that vary in scope and complexity.

**Librarian II** Plans and administers public library service according to New Bedford Free Public Library policies and procedures.

**Library Assistant I (12 hours/wk)** Assists in the daily operations of the Circulation Desk, monitors the borrowing of materials, and performs related public service duties as required. Must be available some nights and Saturdays.

**Library Director** Manages the City's library department. Responsible for directing all library operations, developing and managing the budget, recommending and implementing library policy, and developing the library's collections and services.

**Paramedic (Intermittent)** Provides advanced emergency care to the sick and injured. Complies with all policies, practices, and procedures of the EMS Department and the City of New Bedford.

**Recreation Leader/After School Program** Assists the Director of Recreation and/or Program Coordinator in maintaining and supervising various programs for children. Provides physical and mental stimulation to the children.

**Signal Maintainer** Responsible for proper installation, operation, repair, and maintenance of the Municipal Fire Alarm System to insure the earliest possible warning of fire and other hazardous conditions that may arise in such places as hospitals, nursing homes, schools and other public and private buildings.

**Special Motor Equipment Operator (Temporary)** Operates City-owned equipment, which requires possession of a Hoisting License.

For complete job descriptions and application, please contact: City of New Bedford, Personnel Department, 133 William Street, Room 212, New Bedford, MA 02740, 508-979-1444, or visit: [www.ci.new-bedford.ma.us](http://www.ci.new-bedford.ma.us).

# BOA VISTA BISTRO

134 South Second Street, New Bedford, MA  
Please Call 24 Hours in Advance ~ 508-961-3108 ~ Leave a Message

## JANUARY MENU

Meals \$3 Each ~ Served at Noon ~ All Ages Welcome

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED HAPPY NEW YEAR	2 Beef Stew	3 Chicken marsala with rice	4 Stuffed cabbage with red potatoes	5 Chowder with salmon and mashed potatoes
8 BBQ Chicken with mashed potatoes and vegetables	9 Beef ribs with steak fries	10 Shepherd's pie with vegetables	11 Boiled Dinner	12 Chowder with baked fish and a baked potato
15 CLOSED MARTIN LUTHER KING, JR., DAY	16 Beef Chowmein	17 Meatloaf with gravy and vegetables	18 Lasagna with sauce and a vegetable	19 Chowder with salmon and a vegetable
22 Cacoila with rice	23 Sliced beef with noodles	24 Baked stuffed chicken with garlic mashed potatoes and a vegetable	25 French meat pie with gravy and vegetables	26 Chowder with salmon and potato
29 Pork chop with delmonico potatoes and a vegetable	30 Chicken pot pie with mashed potatoes	31 Boiled Dinner		

## Activities at Boa Vista ~ Everyone is Welcome

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED HAPPY NEW YEAR	2	3	4 2:30-4:00 CRAFTS 2 <sup>nd</sup> Floor Craft Room	5 8:00 - 10:30 Hairdresser <i>Call Terry Medeiros at 508-996-5931 for apptmt.</i>
8 2:30-4:00 POKER TOURNAMENT 3 <sup>rd</sup> Floor Game Room	9	10 2:30-4:00 POKER TOURNAMENT 3 <sup>rd</sup> Floor Game Room	11 1:00 Presentation on Power of Attorney, Health Proxy, and Wills	12 8:00 - 10:30 Hairdresser <i>Call Terry Medeiros at 508-996-5931 for apptmt.</i>
15 CLOSED MARTIN LUTHER KING, JR., DAY	16	17 1-2 Blood pressure clinic at 1 <sup>st</sup> Floor Nurse's Station 2:30-4 Poker Tournament Third Floor Game Room	18 2:30-4:00 CRAFTS 2 <sup>nd</sup> Floor Craft Room	19 8:00 - 10:30 Hairdresser <i>Call Terry Medeiros at 508-996-5931 for apptmt.</i>
22 2:30-4:00 POKER TOURNAMENT 3 <sup>rd</sup> Floor Game Room	23	24 2:30-4:00 POKER TOURNAMENT 3 <sup>rd</sup> Floor Game Room	25 2:30-3:00 CRAFTS 2 <sup>nd</sup> Fl. 3:00-5:00 Join us for Pizza & Movie in 1 <sup>st</sup> Fl Great Rm <i>Sign-up Sheet - \$2 Each</i>	26 8:00 - 10:30 Hairdresser <i>Call Terry Medeiros at 508-996-5931 for apptmt.</i>
29 2:30-4:00 POKER TOURNAMENT 3 <sup>rd</sup> Floor Game Room	30	31 2:30-4:00 POKER TOURNAMENT 3 <sup>rd</sup> Floor Game Room		QUESTIONS? Call Maria 508-979-1605

# C A R O L I N E C A F É

Catered by Cobblestone Restaurant

26 Caroline Street, New Bedford, MA ~ 508-991-6301 ~ Please Call 24 Hours in Advance

## J A N U A R Y M E N U

Meals \$3 Each ~ Served at Noon ~ All Ages Welcome

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> CLOSED HAPPY NEW YEAR	<b>2</b> Roast pork loin with gravy, rice pilaf, green beans, and a roll	<b>3</b> Chicken Alfredo with broccoli, garden salad, and a roll	<b>4</b> Shepherd's pie with gravy, carrots, and a roll	<b>5</b> Baked fish with roasted potatoes, steamed broccoli, and a roll
<b>8</b> Beef and cheese lasagna with garden salad and a garlic roll	<b>9</b> Boiled ham dinner with carrots, cabbage, potatoes, onions, and a roll	<b>10</b> Chicken chowmein with fried rice and a roll	<b>11</b> Salisbury steak with mashed potatoes, corn, and a roll	<b>12</b> Scrod Bella Vista with mashed potatoes, green beans, and a roll
<b>15</b> CLOSED MARTIN LUTHER KING, JR., DAY	<b>16</b> BBQ pork with roasted potatoes, mashed squash, and a roll	<b>17</b> Cacoila with rice pilaf, green beans, and a roll	<b>18</b> Meatloaf with tomato gravy, mashed potatoes, carrots, and a roll	<b>19</b> Baked salmon with lemon dill butter, roasted potatoes, broccoli, and a roll
<b>22</b> Baked macaroni & cheese with linguica, green beans, and a roll	<b>23</b> Roast chicken with rice pilaf, buttered carrots, and a roll	<b>24</b> Turkey and stuffing dinner with mashed squash, cranberry sauce, and a roll	<b>25</b> Soft Taco with Spanish rice and a roll	<b>26</b> Baked fish with mashed potatoes, corn, and a roll
<b>29</b> Beef tips in gravy with mashed potatoes, green beans, and a roll	<b>30</b> Stuffed cabbage with a salad and a roll	<b>31</b> Pot roast with potatoes, onions, carrots, celery, and a roll		

## Enjoy lunch ~ Stay for the Activities

Call Marisol at 508-991-6301 if you have any questions.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> CLOSED HAPPY NEW YEAR	<b>2</b> 1:30 BINGO 2:00 Book Club	<b>3</b> 11:00 Exercise Class 1:30 Po-Ke-No	<b>4</b> 1:30 BINGO	<b>5</b> 1:30 Po-Ke-No
<b>8</b> 10:00 Knitting Group 1:00 Movie	<b>9</b> 1:30 BINGO 2:00 Book Club	<b>10</b> 11:00 Exercise Class 1:30 Po-Ke-No 2:00 Quilting 6:00 Neighborhood Mtg	<b>11</b> 1:30 BINGO	<b>12</b> 1:00 Ice Cream Social 1:30 Po-Ke-No
<b>15</b> CLOSED MARTIN LUTHER KING, JR., DAY	<b>16</b> 1:30 BINGO 2:00 Book Club	<b>17</b> 9:00 Breakfast 11:00 Exercise Class 1:30 Po-Ke-No	<b>18</b> 1:30 BINGO	<b>19</b> 12:30 Presentation of Services Council on Aging Provides  1:30 Po-Ke-No
<b>22</b> 10:00 Knitting Group 1:00 Movie	<b>23</b> 1:30 BINGO 2:00 Book Club	<b>24</b> 11:00 Exercise Class 1:30 Po-Ke-No 2:00 Quilting	<b>25</b> 1:30 BINGO	<b>26</b> 1:00 Ice Cream Social 1:30 Po-Ke-No
<b>29</b> 10:00 Knitting Group 1:00 Movie	<b>30</b> 1:30 BINGO 2:00 Book Club	<b>31</b> 11:00 Exercise Class 1:30 Po-Ke-No	<b>Want to quit smoking?</b>  <b>CALL 508-992-6553</b>	<b>Nutrition Counseling, Podiatry -- CALL 508-992-6553</b>