

NBHA NEWS

Volume 8, Issue 3

For Residents, Employees & Retirees

March, 2007

PARA EL SEGURO SUYO Y DE SU FAMILIA

Por favor cumple con su contrato y las leyes del estado en mantener el Detector de Carbon Monoxido para que trabaje en buen orden.

NO REMUEVAN LAS BATERIAS. NUNCA DEJE LA PUERTA DE LA ESTUFA DE GAS ABIERTA Y PRENDIDA PARA CALENTAR SU APARTAMENTO. ESTO EMITIRA EL CARBON DE MONOXIDO Y LO PUEDE MATAR.

NUNCA IGNORE EL SONIDO DE LA ALARMA! Si la alarma suena, **DE INMEDIATO LLAME AL 911 Y PROCURA A UN LUGAR QUE TENGA AIRE LIMPIO.** Siempre tomen en cuenta las cabezas en la familia para estar seguro que todos estan presente.

DE NINGUNA MANERA REGRESE a su apartamento hasta que no llegue ayuda de emergencia y hasta que se haiga determinado que de seguro puedes entrar en su unidad sin peligro.

Examine periodicamente su Detector de Carbon Monoxido para asegurarse que esta funcionando correctamente. **Si las baterias estan muerta, REEMPLAZE LAS DE INMEDIATO** con tres baterias AA. El fabricante recomienda que uses unas de estas marcas para asegurar lo minimo de un año de operación normal: Duracell MN1500, Energizer E91, o Rayovac 815.

Si tienes cualquier pregunta, por favor de comunicarse con su gerente en la Oficina de Propiedad.

FOR YOUR AND YOUR FAMILY'S SAFETY

Please abide by your lease and state law and keep your **CARBON MONOXIDE DETECTORS** in good working order.

NEVER REMOVE THE BATTERIES, and NEVER LEAVE YOUR GAS OVEN DOOR OPEN TO HEAT YOUR APARTMENT. Doing so will emit carbon monoxide which can **KILL YOU.**

NEVER IGNORE the sound of this alarm. If the alarm sounds, **IMMEDIATELY CALL 911 and MOVE TO FRESH AIR.** Always do a head count to check that all persons are accounted for.

DO NOT RE-ENTER your apartment until emergency help arrives and it has been determined that it is safe for you to occupy your unit.

Periodically test your Carbon Monoxide Detector to be sure it is working properly. **If the batteries are dead, IMMEDIATELY replace them** with three new AA batteries. The manufacturer recommends you use one of the following brands to ensure a minimum of one year normal operation: Duracell MN1500, Energizer E91, or Rayovac 815.

If you have any questions, please contact your Property Office.

Bristol Community College Hosts a Scholarship Search Seminar for ANY College

Scholarship searches can be quite difficult. Obtain tools that other successful individuals have had access to. Do you know that millions of dollars sit on the table because individuals do not apply for those scholarships? Learn how to find successful tools and tips for paying for college, and have your questions answered. Attend either seminar, or come to both.

WHEN: Thursday, March 8, noon to 12:50 p.m. & Friday, March 9, from 1:00 p.m. to 3:40 p.m.

WHERE: BCC New Bedford Campus, 188 Union Street, Room 161, New Bedford, MA 02740

Bring your lunch! Light refreshments available.

MANAGEMENT CORNER

Are Your Washing Machine Hoses in Good Condition?

A Tip from our Maintenance Department To Prevent Flooding in Your Unit or Cellar

If you have a washing machine in your apartment or in your cellar:

- Periodically check the hoses in the back of your washing machine, especially the ends that screw onto the back of your machine. They may eventually soften, swell, and then break, creating a flood.
- **ALWAYS** turn off the water to your washing machine when it is not in use. This will prolong the life of the hoses and prevent a flood when you are not home or are sleeping.
- If your washing machine hoses are worn, ask the company that services your washing machine to replace them.

MARCH RESIDENT RENT REVIEW SCHEDULE

Residents in these developments will receive a letter regarding their **March** review. Rent changes are effective in **June**.

Date	Development	Time	Location
5	Fillmore Street	9 -12	Presidential Heights
5 - 8	Presidential Heights	9 - 4	Presidential Heights

Tripp Towers Diabetes Workshop Glucose Meter Tune-Up

MARCH 28

1:00 p.m. - 2:30 p.m. and 3:30 p.m. - 5:00 p.m.

Questions? Call Diane Rocha at 508-997-4858

Nativity Preparatory School

66 Spring Street, New Bedford, MA 02740

508-994-3800 <http://www.nativitynb.org/index.htm>

Nativity Prep is a private, tuition-free middle school for boys from low-income families. It provides a highly structured program for boys who have demonstrated the will and desire to apply themselves to high academic and moral standards.

ALLAN R. ANDREWS SCHOLARSHIP

<http://www.nercnahro.org/scholarship%20application.pdf>

The **New England Regional Council of NAHRO** is offering the *Allan R. Andrews Scholarship* to **public housing residents and leased housing residents**. Applications with instructions can be obtained at any **Property Office** or from the **website** listed above. Applications **MUST BE POSTMARKED** no later than **APRIL 30, 2007**.

CITY OF NEW BEDFORD JOB OPPORTUNITIES

Associate Solicitor Performs legal work as assigned on matters within the jurisdiction of the Department.

Boards/Commissions Please print the application from the city's website or call the number below.

Chief Financial Officer Responsible for the overall budgetary and financial administration of the City of New Bedford.

Counsel I Responsible for performing entry-level legal work on matters within the jurisdiction of the Department.

Counsel II Performs legal work as assigned on matters within the jurisdiction of the Department.

Cultural Affairs Coordinator Performs routine and complex administrative work in planning, organizing, coordinating, and administering a variety of special community, cultural, or other special events programs relating to multi-cultural affairs.

Diesel Engine Repairman Performs skilled repair of diesel equipment.

Director Council on Aging Supervises the planning, organizing, and coordinating of community programs for elders, including cultural arts, physical activities, and special interest classes and programs.

Director of Public Health Provides for the protection of the public's health, the control of disease, the promotion of sanitary living conditions, and the protection of the environment from damage and pollution. This is accomplished by performing administrative and supervisory work in the field of public health administration, health education, environmental sanitation, and in the interpreting and enforcing of all State public health statutes, the State Sanitary Code, State Environmental Code, City of New Bedford Code of Ordinances, the rules and regulations of the New Bedford Board of Health, and all other related work required.

Grant Accountant / Auditor Performs a variety of complex technical accounting and auditing functions in accordance with Federal and Massachusetts general laws, the standards and regulations of the governmental accounting standards board (GASB), GAAP for governments, and the Massachusetts Department of Revenue.

Librarian II Plans and administers public library service according to New Bedford Free Public Library policies and procedures.

Librarian III Responsible for general library services for juvenile and young adult library users at the Main Library, four branches, and the Bookmobile.

Library Assistant I (12 hours/wk) Assists in the daily operations of the Circulation Desk, monitors the borrowing of materials, and performs related public service duties as required. Must be available some nights and Saturdays.

Library Director Manages the City's library department. Responsible for directing all library operations, developing and managing the budget, recommending and implementing library policy, and developing the library's collections and services.

Nite Watchman Provides security within zoo and park premises to limit thefts and vandalism of vehicles and property.

Paramedic (Intermittent) Provides advanced emergency care to the sick and injured. Complies with all policies, practices, and procedures of the EMS Department and the City of New Bedford.

Special Motor Equipment Operator Operates City-owned equipment, which requires possession of a Hoisting License.

Treasurer Responsible for collection and processing of all City revenues, investment of City funds, cash management, solicitation of bonds, payment of debt obligations, and tax foreclosures.

For complete job descriptions and application, please contact: City of New Bedford, Personnel Department, 133 William Street, Room 212, New Bedford, MA 02740, 508-979-1444, or visit: www.ci.new-bedford.ma.us.

POLICE OFFICER - MUNICIPAL SERVICE AND MBTA

Examination Date: May 19, 2007

Application Deadline: April 2, 2007*

Examination Fee \$75

Apply w/ Visa or MasterCard at: <https://www.csexam.hrd.state.ma.us/hrd/>

*There is an additional \$25 processing fee for applications received after this date. Applications will NOT be accepted after April 23, 2007.

BOA VISTA BISTRO

134 South Second Street, New Bedford, MA
Please Call 24 Hours in Advance ~ 508-961-3108 ~ Leave a Message

MARCH MENU

Meals \$3 Each ~ Served at Noon ~ All Ages Welcome

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Stew	2 Chowder with baked fish and potatoes
5 Roast pork loin with delmonico potatoes and a vegetable	6 Chicken pot pie with mashed potatoes	7 French meat pie with gravy and a vegetable	8 Beef ribs with potato and a vegetable	9 Chowder with baked fish, potato, and a vegetable
12 Baked stuffed chicken with a baked potato and a vegetable	13 Sliced beef with egg noodles, gravy, and a vegetable	14 Cacoila with rice and a vegetable	15 St. Patrick's Day Dinner Corned beef and cabbage	16 Chowder with salmon and a vegetable
19 Stuffed cabbage with potato and corn	20 Beef chow mein	21 Meatloaf with delmonico potatoes and a vegetable	22 Chicken pot pie with mashed potatoes	23 Chowder with baked fish, potato, and a vegetable
26 BBQ Chicken with mashed potatoes and a vegetable	27 Turkey Dinner	28 Beef ribs with a baked potato and a vegetable	29 Pulled pork with red potatoes and a vegetable	30 Chowder with salmon and a vegetable

Activities at Boa Vista ~ Everyone is Welcome

Monday	Tuesday	Wednesday	Thursday	Friday
QUESTIONS? Call Maria 508-979-1605	CONGRATULATIONS After five weeks of competitive playing, Ana Pax won Boa Vista's Poker Tournament.		1 2:30-4:00 CRAFTS 2 nd Floor Craft Room	2 8:00 - 10:30 Hairdresser Call Terry Medeiros at 508-996-5931 for apptmt.
5 2:30-4:00 CRIBBAGE TOURNAMENT 3 rd Floor Game Room	6 2:30-4:00 DOMINO TOURNAMENT 3 rd Floor Game Room	7 2:30-4:00 CRIBBAGE TOURNAMENT 3 rd Floor Game Room	8 2:30-4:00 CRAFTS 2 nd Floor Craft Room	9 8:00 - 10:30 Hairdresser Call Terry Medeiros at 508-996-5931 for apptmt.
12 12:30 Presentation by Alzheimer's Association 2:30-4:00 CRIBBAGE 3 rd Floor Game Room	13 2:30-4:00 DOMINO TOURNAMENT 3 rd Floor Game Room	14 12:45 Presentation/Sheriff's office: <i>Are you okay?</i> 2:30-4:00 CRIBBAGE 3 rd Floor Game Room	15 2:30-4:00 CRAFTS 2 nd Floor Craft Room	16 8:00 - 10:30 Hairdresser Call Terry Medeiros at 508-996-5931 for apptmt.
19 2:30-4:00 CRIBBAGE TOURNAMENT 3 rd Floor Game Room	20 2:30-4:00 DOMINO TOURNAMENT 3 rd Floor Game Room	21 1-2 Blood Pressure Clinic 1:00 Spring bouquets w/ Dee Resendes 2 nd Floor 2:30-4:00 Cribbage 3 rd Fl.	22 2:30-4:00 CRAFTS 2 nd Floor Craft Room	23 8:00 - 10:30 Hairdresser Call Terry Medeiros at 508-996-5931 for apptmt.
26 2:30-4:00 CRIBBAGE TOURNAMENT 3 rd Floor Game Room	27 2:30-4:00 DOMINO TOURNAMENT 3 rd Floor Game Room	28 2:30-4:00 CRIBBAGE TOURNAMENT 3 rd Floor Game Room	29 2:30-4:00 CRAFTS 2 nd Floor Craft Room	30 8:00 - 10:30 Hairdresser Call Terry Medeiros at 508-996-5931 for apptmt.

C A R O L I N E C A F É

Catered by Cobblestone Restaurant

26 Caroline Street, New Bedford, MA ~ 508-991-6301 ~ Please Call 24 Hours in Advance

M A R C H M E N U

Meals \$3 Each ~ Served at Noon ~ All Ages Welcome

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Shepherd's pie with gravy, and a roll	2 Baked fish with roasted potatoes, steamed broccoli, and a roll
5 Beef tips with roasted potatoes, squash, and a roll	6 Pork loin with mashed potatoes, carrots, and a roll	7 Pot roast with potatoes, onions, carrots, celery, and a roll	8 Salisbury steak with mashed potatoes, corn, and a roll	9 Scrod Bella Vista with mashed potatoes, and a roll
12 Chicken pot pie w/carrots, onions, peas served with mashed potatoes and a roll	13 BBQ boneless pork chop with roasted potatoes, mashed squash, and a roll	14 Chicken alfredo with broccoli and a roll	15 St. Patrick's Day Dinner Corned beef and cabbage	16 Baked salmon with lemon dill butter, mashed potatoes, carrots, and a roll
19 Meatloaf with mashed potatoes, peas, and a roll	20 Roast chicken with rice pilaf, buttered green beans, and a roll	21 Turkey and stuffing dinner with mashed potatoes, squash, and a roll	22 Beef stew with potatoes, celery, carrots, onions, and a roll	23 Baked fish with mashed potatoes, corn, and a roll
26 Boiled dinner and a roll	27 Stuffed cabbage with au gratin potatoes and a roll	28 French meat pie with glazed carrots and a roll	29 Grilled chicken cacciatore on penne with a roll	30 Baked salmon with lemon dill butter, mashed potatoes, carrots, and a roll

Enjoy lunch ~ Stay for the Activities

Call Marisol at 508-991-6301 if you have any questions.

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Want to quit smoking?</i> CALL 508-992-6553	<i>Nutrition Counseling, Podiatry --</i> CALL 508-992-6553		1 1:30 BINGO	2 1:30 Po-Ke-No
5 10:00 Knitting Group	6 1:30 BINGO 2:00 Book Club	7 11:00 Exercise Class 12:30 Health Care Proxy 1:30 Po-Ke-No 2:00 Quilting	8 1:30 BINGO	9 1:00 Ice Cream Social 1:30 Po-Ke-No
12 10:00 Knitting Group	13 1:30 BINGO 2:00 Book Club	14 11:00 Exercise Class 12:30 Diabetic Shoe Wear 1:30 Po-Ke-No 6:00 Neighborhood Mtg	15 1:30 BINGO	16 1:30 Po-Ke-No
19 10:00 Knitting Group	20 1:30 BINGO 2:00 Book Club	21 11:00 Exercise Class 1:30 Po-Ke-No 2:00 Quilting	22 1:30 BINGO	23 1:00 Ice Cream Social 1:30 Po-Ke-No
26 10:00 Knitting Group	27 1:30 BINGO 2:00 Book Club	28 9:00 Breakfast 11:00 Exercise Class 1:30 Po-Ke-No	29 1:30 BINGO	30 1:30 Po-Ke-No